



Don't you just love taking a breath of clean, fresh air? I do. But much of our precious air is dirty, and it's not just goblin mischief that makes it that way - it's pollution. Here are some ideas to cut down pollution, stay fit and have fun, too. Good luck!

Isabella the Air Fairy
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Organise a Walking Bus to school

- A Walking Bus is a fun, safe way to walk to school with your friends.
- Some parents will need to come along too.
- Get a map of your school and local area. Ask the parents to decide on the best route.
- Make sure there are enough adult volunteers to walk with you. (Especially handy for crossing roads!)
- During your walk, wear brightly-coloured clothing and make sure everyone on your Walking Bus stays together.



Cars are a major cause of pollution. Make the air cleaner by walking, or by riding your bike or scooter. For longer journeys, take the bus or train, or share car rides with friends.

RAINBOW
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